



FITTING INSTRUCTIONS FOR CR0045BK COTTON REELS
HONDA CBR500R/CB500X and CB500F 2013



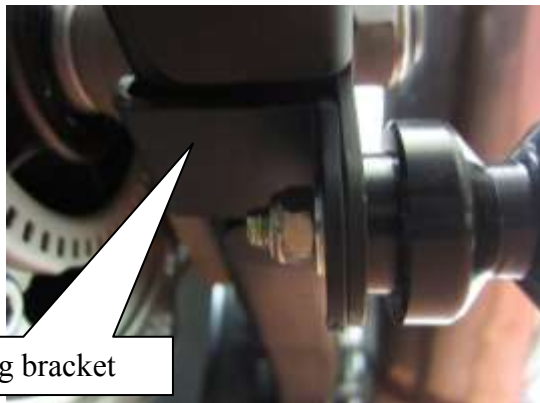
Please note that the way the kit is packed does not necessarily represent the way of mounting to the bike
Please note that in cases where kits are packed with rubber washers holding the components onto the bolt – *the rubber washers should be thrown away!*

TOOLS REQUIRED

- 6mm A/F ALLEN KEY.
- 13 AND 19mm SOCKETS OR SPANNERS.
- 24mm A/F SOCKET AND WRENCH.
- TORQUE WRENCH TO BE USED AT 88Nm.

Please read all instructions before commencing fitting

- Raise and support the rear of bike, also support the rear wheel (suggest using blocks of wood) to prevent wheel from dropping when rear spindle is removed.
- Undo the rear spindle nut.
- Remove the rear spindle and remove the original plates.
- Fit the self-adhesive foam to the lower mounting surfaces of the brackets to help minimise marking of the swing arm.
- Place rear spindle through new mounting bracket as shown above left.
- Slide spindle through swing arm, brake calliper and rear wheel ensuring new mounting bracket sits as original (shown above left).
- Fit the remaining mounting bracket over exposed end of spindle (ensure flat face is against swing arm face as original) shown above right.
- Refit the spindle nut and washer and tighten according to the manufactures instructions (88Nm) and check chain adjustment.
- Fit the new cotton reels to the new mounting bracket on both sides as shown above using the supplied bolts.
- Use the two strengthening brackets with nuts and washers to finish fitment as shown below on both sides.



Strengthening bracket



ISSUE 1 11/04/2013 (NSY)

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Instructions de montage FOR CR0045BK Bobines de protection HONDA CBR500R/CB500X and CB500F 2013



La façon dont le kit est emballé ne correspond pas forcément à la façon de monter les pièces sur la moto.

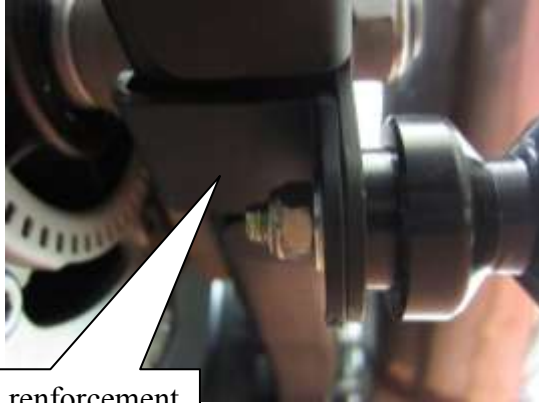
Notez que si les kits sont emballés avec des rondelles en caoutchouc servant à tenir les composants, *ces rondelles doivent être jetées.*

Outils requis

- Clé Allen 6mm.
- Pincettes 13 et 19mm.
- Clé de 24mm.
- Clé dynamométrique à 88Nm.

Bien lire les instructions avant de commencer le montage

- Elever l'arrière de la moto pour permettre à la suspension de libérer la roue arrière (nous vous suggérons d'utiliser des morceaux de bois pour surélever la moto) pour empêcher que la moto ne bouge lorsque l'axe sera enlevé.
- Défaire l'écrou d'axe arrière
- Enlever l'axe arrière et les plaques d'origine.
- Poser la mousse autocollante sur les surfaces inférieures des supports pour minimiser le marquage laissé sur le bras oscillant.
- Place rear spindle through new mounting bracket as shown above left.
- Glisser l'axe à travers le bras oscillant, l'étrier de frein et la roue arrière en vous assurant que le nouveau support de montage se place comme celui d'origine (comme indiqué en haut à gauche).
- Installer le support de montage restant sur l'axe (assurez-vous que la face plate soit placée contre la face bras oscillant (comme indiqué en haut à droite).
- Remettre l'écrou d'axe et la rondelle puis serrer aux couples d'usine recommandés (88Nm) et vérifier l'ajustement de la chaîne.
- Installer les nouvelles bobines au nouveau support de montage des 2 cotés comme indiqué ci-dessus en utilisant les boulons fournis.
- Utiliser les 2 supports de renforcement avec les écrous et rondelles pour finaliser l'installation (comme ci-dessous) des 2 cotés.



Support de renforcement

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